



Robert Wood Johnson Health & Society Scholars Program  
**SUMMER NEWSLETTER**  
August 2013

Headline News

Volume 6, Issue 4

Best wishes to our Cohort 9 RWJ Health & Society Scholars !



Olivier and Meredith

[See graduation luncheon photos](#)

Scholar Spotlight



How does an ecologist, who studied snails, lemurs and Andean spectacled bears, have anything to do with human population health? read more on [Meredith Barrett](#)



Using technology and data science to improve population health and prevent disease read more on [Olivier Humblet](#)

Scholar Update

[Meredith Barrett](#) and [Olivier Humblet](#) will both be joining [Asthmapolis](#) this fall.

Meredith will serve as the Vice President of Science and Research, in charge of developing a research program for Asthmapolis, including cultivating academic research partnerships, using internal research to improve efficacy, spearheading grant funding, and disseminating research through publications and presentations.

Olivier will serve as the Vice President of Data. He will lead analyses related to identifying environmental triggers of asthma exacerbations, integrating the sensor data into routine clinical care, and increasing user engagement.

[Matt Killingsworth](#) was quoted in the Fox News article, *How to Cheer Yourself Up*. “For nearly 47 percent of our waking hours, our minds stray. They stray when we’re brushing our teeth, commuting, taking a shower—anytime tasks don’t require us to be fully present. This “mind wandering” (that is, thinking about the past or the future rather than right now) may be our brain’s default state, but research shows that when our minds meander, we’re less happy.”

[read more](#)

Featured Publications

Article by [Aric Prather](#), [Elissa Epel](#), et al from *Journal of Psychiatric Research*

“Gender differences in prospective associations of sleep quality with markers of systemic inflammation: findings from the Heart and Soul Study” [read more](#)

Article by [Julianna Deardorff](#), et al from *Journal of Adolescent Health*

“Identifying opportunities for cancer prevention during pre-adolescence and adolescence: Puberty as a window of susceptibility” [read more](#)

Article by [Osagie Obasogie](#) from the *NY Times*

“High-Tech, High-Risk Forensics” [read more](#)



Article by [Mahasin Mujahid](#), et al from *Journal of Epidemiology and Community Health*

“Home and work neighbourhood environments in relation to body mass index: the Multi-Ethnic Study of Atherosclerosis (MESA).” [read more](#)

RWJ H&SS Faculty

Congratulations to [Elissa Epel](#) on being elected a Fellow in the Association for Psychological Science. As an APS Fellow, Elissa now becomes part of a distinguished group of peers whose work has influenced the field of psychological science in important and lasting ways.

[Nicki Bush](#) and [Elissa Epel](#) were highlighted in the Greater Goods article, [Mindful Mams, Healthy Mamas](#), regarding their work with the MAMAS study.

[Nancy Adler](#) was quoted in the New York Times article, *Stress and Status*.

“We’re going in the wrong direction in terms of greater inequality creating more of these pressures.” [read more](#)

Alumni Corner

[Doug Jutte](#) was invited to the [Clinton Global Initiative \(CGI\) America](#) meeting in Chicago and participated as a member of the Community Investing working group.

He recently spoke at the [Best Baby Zone](#) Economic Development Think Tank sponsored by the Kellogg Foundation held at the California Endowment.

Doug is also the content leader for the [SOCAP: Health track at SOCAP13](#), the largest international gathering of socially motivated entrepreneurs and investors held in San Francisco every year. This is the first time that health is a focus.

[Emily Jacobs](#) has been selected as a Travel Awardee for the 2013 [American College of Neuropsychopharmacology \(ACNP\)](#) Annual Meeting. This award offers an opportunity to attend an outstanding scientific program in clinical and basic research on brain-behavior-drug interactions;

become aware of the most recent, and often unpublished, advances in psychopharmacology; and meet and interact with internationally distinguished researchers and scientists

[Candyce Kroenke](#) was quoted in the UK Daily Mail news story, *'Friends and fun' reduce the PHYSICAL pain of breast cancer*, regarding her studies on how social relationships influence quality of life in breast cancer patients.

[read more](#)

Upcoming Events



**September 4-5, 2013**

Cohort 11 Orientation

**October 10, 2013**

CHC Fall Welcome Event

Website [Quick Links](#)

[News Archive](#)

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